

取得単位表(22年4月現在)

※○印の「検査法」及び「矯正法」の単位は「実技」に含まれています。

| | 実技 (単位数) | 検査法 | 矯正法 | 理論 (単位数) | A | A+B | A+B+C | A+F | A+B+F | G | D | E | F |
|--------------------------------|-------------|-----|-----|-------------|-------------------|-------------------|---------------------|-------------------|-------------------|----------------------|-------------|-------------|-------------------|
| | | | | | 全30単位 実技26/理論4 | 全60単位 実技56/理論4 | 全100単位 実技84/理論16 | 全50単位 実技45/理論5 | 全80単位 実技75/理論5 | 全140単位 実技103/理論37 | 全8単位 理論8 | 全8単位 理論8 | 全20単位 実技19/理論1 |
| 肩こりと腰痛の原因とメカニズム | | | | 1 | ● | ● | ● | ● | ● | ● | | | |
| 骨解剖学 | | | | 1 | ● | ● | ● | ● | ● | ● | | | |
| 筋解剖学 | | | | 1 | ● | ● | ● | ● | ● | ● | | | |
| 東洋医学の基礎知識(陰陽・五行論) | | | | 1 | ● | ● | ● | ● | ● | ● | | | |
| 肩・首こりへの手技・ストレッチ | 9 | | | | ● | ● | ● | ● | ● | ● | | | |
| 腰痛への手技・指圧・ストレッチ | 9 | | | | ● | ● | ● | ● | ● | ● | | | |
| 上肢への手技(腕の疲れ・痺れ) | 4 | | | | ● | ● | ● | ● | ● | ● | | | |
| 下肢への手技(脚の疲れ・むくみ・冷え・痺れ) | 4 | | | | ● | ● | ● | ● | ● | ● | | | |
| ヘッドセラピー&デコルテリンマッサージ(Ⅰコースと同じ) | 6 | | | | | ● | ● | | ● | ● | | | |
| 美顔・小顔セラピー&デコルテリンマッサージ(Ⅱコースと同じ) | 6 | | | | | ● | ● | | ● | ● | | | |
| マタニティマッサージ(全身への手技) | 6 | | | | | ● | ● | | ● | ● | | | |
| 腸マッサージ(便秘・肌荒れ) | 2 | | | | | ● | ● | | ● | ● | | | |
| 美脚マッサージ(足の疲れ・冷え・むくみ) | 6 | | | | | ● | ● | | ● | ● | | | |
| 肘でのマッサージ法 | 2 | | | | | ● | ● | | ● | ● | | | |
| 美脚矯正(○脚) | 2 | | ○ | | | ● | ● | | ● | ● | | | |
| 美脚矯正(骨盤) | | | ○ | | | ● | ● | | ● | ● | | | |
| 頰椎症(頰椎椎間板ヘルニア・変形性頰椎症) | 1 | ○ | ○ | 1 | | | ● | | | ● | | | |
| 脊柱靭帯骨化症(後縦靭帯・黄色靭帯骨化症) | 1 | ○ | | | | | ● | | | ● | | | |
| 寝違い | 2 | | ○ | | | | ● | | | ● | | | |
| 胸郭出口症候群(頰筋・斜角筋・過外転・肋鎖間隙syn) | 2 | ○ | ○ | 1 | | | ● | | | ● | | | |
| 五十肩(上腕二頭筋長頭腱炎・肩峰下滑液包炎・腱板炎) | 2 | ○ | | 1 | | | ● | | | ● | | | |
| 上腕骨外側上顆炎(バックハンド・フォアハンド型) | 2 | ○ | | 1 | | | ● | | | ● | | | |
| 上腕骨内側上顆炎(野球肘・ゴルフ肘) | 2 | ○ | | | | | ● | | | ● | | | |
| ドケルバン病 | 2 | ○ | ○ | 1 | | | ● | | | ● | | | |
| ばね指(弾撥指) | | | ○ | | | | ● | | | ● | | | |
| 脊柱側彎症 | | ○ | ○ | | | | ● | | | ● | | | |
| 腰椎椎間板ヘルニア | | ○ | ○ | | | | ● | | | ● | | | |
| 脊椎分離症・すべり症 | 6 | ○ | | 1 | | | ● | | | ● | | | |
| 腰部脊柱管狭窄症 | | ○ | | | | | ● | | | ● | | | |
| 腰椎症(椎間板症・変形性腰椎症) | | ○ | ○ | | | | ● | | | ● | | | |
| 突発性腰痛(ぎっくり腰) | | ○ | ○ | | | | ● | | | ● | | | |
| 梨状筋症候群 | 2 | ○ | | 1 | | | ● | | | ● | | | |
| 仙腸関節炎 | 2 | | ○ | | | | ● | | | ● | | | |
| 変形性股関節症 | 2 | ○ | | 1 | | | ● | | | ● | | | |
| 変形性膝関節症 | 2 | ○ | | 1 | | | ● | | | ● | | | |
| 足関節捻挫・テーピング法 | 1 | | | | | | ● | | | ● | | | |
| 外反母趾・テーピング法 | 1 | | | | | | ● | | | ● | | | |
| 体幹の骨・筋解剖 | | | | 1 | | | ● | | | ● | | | |
| 上肢の骨・筋解剖 | | | | 1 | | | ● | | | ● | | | |
| 下肢の骨・筋解剖 | | | | 1 | | | ● | | | ● | | | |
| 東洋医学 気・血・水(津液) | | | | 1 | | | | | | ● | | ● | |
| 経絡経穴概論(正経と奇経八脈) | | | | 1 | | | | | | ● | | ● | |
| 五臓六腑 機能と働き(1) | | | | 1 | | | | | | ● | | ● | |
| 五臓六腑 機能と働き(2) | | | | 1 | | | | | | ● | | ● | |
| 五臓総括 | | | | 1 | | | | | | ● | | ● | |
| 漢方薬膳学・中国茶 | | | | 1 | | | | | | ● | | ● | |
| 四診(望診・聞診・問診・切診) | | | | 1 | | | | | | ● | | ● | |
| 顔面診・白眼診・舌診・脈診・腹診・背部診 | | | | 1 | | | | | | ● | | ● | |
| 西洋医学 脳と神経系 | | | | 1 | | | | | | ● | ● | | |
| 心臓と循環器系 | | | | 1 | | | | | | ● | ● | | |
| 呼吸器系 | | | | 1 | | | | | | ● | ● | | |
| 消化器系 | | | | 1 | | | | | | ● | ● | | |
| 泌尿器系 | | | | 1 | | | | | | ● | ● | | |
| 内分泌系 | | | | 1 | | | | | | ● | ● | | |
| 感覚器系 | | | | 1 | | | | | | ● | ● | | |
| 生殖器系 | | | | 1 | | | | | | ● | ● | | |
| リフレクソロジーと足の病気・ケア | | | | 1 | | | | ● | ● | ● | | | ● |
| 足底の反射区と手技 | 6 | | | | | | | ● | ● | ● | | | ● |
| 足指の反射区と手技 | 2 | | | | | | | ● | ● | ● | | | ● |
| 足背の反射区と手技 | 4 | | | | | | | ● | ● | ● | | | ● |
| 下腿の骨筋・経穴と手技 | 4 | | | | | | | ● | ● | ● | | | ● |
| 膝関節周囲の経穴と手技 | 3 | | | | | | | ● | ● | ● | | | ● |
| 開業サポート 創業計画を立てよう!(資金・収支計画) | | | | 1 | | | | | | ● | | | |
| 資金調達・資金繰りは? | | | | 1 | | | | | | ● | | | |
| オフィス・店舗探しを始めよう! | | | | 1 | | | | | | ● | | | |
| 内装デザイン・工事・什器・備品は? | | | | 1 | | | | | | ● | | | |